

Community Resource Information

GENERAL PUBLIC ASSISTANCE PROGRAMS

Oregon Helps estimator and links at www.oregonhelps.org

Department of Human Services (DHS) www.oregon.gov/DHS

The Job Council providing Worksource Resources <https://www.jobcouncil.org/Page.asp?NavID=344>

FOOD

Supplemental Nutrition Assistance Program (SNAP) Information at

<http://www.oregon.gov/DHS/assistance/foodstamps/foodstamps.shtml> or <https://apps.state.or.us/onlineapplication>

- Food Stamp Estimator <https://apps.state.or.us/festimate/>

W.I.C. – Women, Infants & Children 1005 E Main St, Building A, Medford OR 97504 541-774-8203

- Supplemental Nutrition Program available to pregnant, postpartum, and breastfeeding women, and children under the age of 5 who:
- meet current income guidelines (pay stubs or W-2's required) and
- have a medical or nutritional risk (over-weight, under-weight).
- As of May 2013, a family of 4 / gross monthly income up to \$3,554/month can qualify for W.I.C.
- Applicants receiving or eligible to receive SNAP, TANF or Medicaid benefits are automatically eligible.

ACCESS, Inc. Food Program 3630 Aviation Way, Medford OR 97504 541-779-6691 Gloria Cooper ext 321

- 24 food pantries (call for locations and hours)
- No proof of income is required – self declaration & bring ID
- Not all programs are funded throughout the year; ACCESS will recommend local church food banks (sign up at ACCESS, but pick up food at the local church).

Saint Vincent DePaul 2424 N Pacific Hwy, Medford OR 97501 541-772-3828

- Drop in Dining room
 - 6 days a week (Mon - Sat)
 - 11am – 1pm
 - No screening
- Food Pantry
 - Last two Fridays in the month
 - Proof of low income
 - OR trail / OHP card
 - Paycheck stub

Others

- Ashland Community Food Bank, 560 Clover Ln, Ashland OR 97520 541-488-9544 (M-F 9:30am – 12:30pm)
- Gods Food Pantry, 1032 W Main St, Medford OR 97501 541-773-4004 (Tue !2 pm – 2pm)
- Interfaith Care (ICC), 10 W Jackson St, Medford OR 97501 541-494-1302(general) 541-779-8564(VA only)
- Cornerstone Christian Church, 608 N Bartlett St, Medford OR 97501 541-773-8163
 - (Every other Sat 10am – 2pm food, clothing, haircuts)
- Uncle Food's Diner, 175 N Main St, Ashland OR 97520 541-482-9625 (Meals Tues 4:30pm)
 - (Wesley Hall/1st Methodist Church)
- Ashland Community Potluck - Lithia Park Gazebo (near band shell) 541-499-9294
 - (Sunday: 4pm Summer, Sunday: 3pm Winter)

Medford Public Schools School Lunch Program

- Contact student's school to get application for free and reduced breakfast and lunch. If approved, parent receives confirmation letter and student gets a meal time card, same as other students. No one knows student is getting assistance.

- Funded through Federal Government National School Lunch Program - runs July 1st thru June 30th of each year. Household income must be within the free or reduced price guidelines on the Federal Income Eligibility Chart (detailed on application).
- **Summer Lunch Program** – apply at Howard, Jefferson, Kennedy schools, Santos Center and Main I (Kid's Unlimited). Open to all children 1-18 regardless of family income level.

UTILITY ASSISTANCE

ACCESS Energy Program 541-779-6691, ext 317

- Energy assistance is available to assist low-income households
- Pay for a portion of their electric and/or gas costs.
 - based on availability of funding and to qualify for assistance
 - must meet the household income guidelines
 - vary by family size and year

ACCESS Weatherization Program 541-779-6691, ext 360.

- To assist low income homeowners
- Bring home insulation standards to current recommended levels
 - Income guidelines affect eligibility
 - Funding runs out fairly quickly

Utility Companies Apply through ACCESS 541-779-6691, ext 317

- Assistance programs administered through ACCESS
- Pacific Power has an energy assistance program & a gift certificate program 888-221-7070
- AVISTA has an energy assistance program & a gift certificate program
- Payment arrangements for past due bills
 - Made directly through the company itself to work with their customers

Salvation Army 541-772-8149

- Call to see if funds are available

Saint Vincent DePaul 541-772-3828

- Requires referral from their counselors
- Income guidelines
- Need shut off notice for assistance funds
- Granted only once every two years or more

HEALTH CARE

Coverage for All www.coverageforall.org/finder or www.healthcare.gov

- Interactive survey to see what health programs someone may qualify to receive.

Oregon Health Plan 800-359-9517 or 800-699-9075 for information

- Reduced or no cost
- If you receive SSI, Medicare or are 65 or older, call
 - DHS 541-776-6165 or
 - Area Agency on Aging at Rogue Valley Council of Government - White City 541-664-6674 or
 - Medford Senior Services 541-776-6222
- If you have a foster child contact Community Human Services
- Need proof of income, proof of non-citizen status, proof of pregnancy (if applicable),
- Health insurance information if any family member has insurance, proof of Indian/Alaska native, or copy of Student Aid Report

La Clinica 3617 S Pacific Hwy, Medford OR 97504 541-535-6239

- Discounted services, accepts private insurance, Medicare and OHP
- Medical, dental, mental health care
- Social Services
 - OHP application assistance and advocacy

- Home visitation for at-risk families
- Transportation/translation services for pre-natal patients
- Health care outreach to under-served populations
- Food Stamp Program orientation and referral
- Migrant Camp Health Care Outreach Program

La Clinica Mobile Health Center

- Tue 1:30pm - 5pm at the Methodist Church, 175 N Main St, Ashland OR 97520
- Wed 1:30pm - 5pm at the Salvation Army, 304 Beatty St, Medford OR 97501
- Thu 1:30pm - 5pm at St. Vincent de Paul, 2424 N Pacific Hwy, Medford OR 97501

Jackson County Health Department 1005 E Main St, Medford OR 97504 541-774-8209

- WIC/Immunizations
- OB Clinic/Birth Control
- STD Exam/HIV Testing

Community Health Center 19 Myrtle St, Medford OR 97504 541-773-3863
 99 Central Ave, Ashland OR 97520 541-482-9741
 8385 Division Rd, White City OR 97503 541-826-5853

- Free trial visit for each qualified woman or child
- Discounted services
- Charge based on a sliding fee scale.
- May qualify for small monthly payments arranged in advance
- Call for appointment
- Medication refills reviewed by primary care physician
- Accept OHP patients enrolled in Care Oregon (plan choice under OHP)

Southern Oregon Lion's Sight and Hearing Center 228 N Holly St, Medford OR 97501 541-779-3453

- For assistance with eye glasses, hearing aids or other assistive devices
- Eye and hearing exams

FHIAP Family Health Insurance Assistance Program <http://www.oregon.gov/OPHP/FHIAP/>

- Pays 50% to 95% of monthly health insurance premiums when you qualify.
- Subsidy good for one year, can reapply every year
- May not take applications when funding is low, so keep checking
- Helps people who:
- Don't have health insurance or
- Get health insurance at work but can't afford to add themselves or family members

Providence Medical Center 1111 Crater Lake Ave, Medford OR 97504 541-732-5000

- If uninsured, may qualify for "hardship" reduction in medical bills due. Call provider directly.

Rogue Valley Medical Center 2825 E Barnett Rd, Medford OR 97504 541-789-7132

- If uninsured, may qualify for "hardship" reduction in medical bills due. Call provider directly.

Asante Ashland Community Hospital 280 Maple St, Ashland OR 97520 541-201-4100

- If uninsured, may qualify for "hardship" reduction in medical bills due. Call provider directly.

DENTAL

La Clinica 3617 S Pacific Hwy, Medford OR 97501 541-535-6239

Fees based on sliding scale

St. Vincent DePaul Dental Clinic 541-772-3828

- By appointment (long, long, long waiting list)

- May be able to help if true emergency
- Suggest call for appointment and ask if they can be an “alternate” as there is a fairly high no show rate

Children’s Dental Clinic 229 Stewart Ave, Medford OR 97501 541-789-4249

- Free – Donations of whatever parents can afford are gladly accepted
- For the uninsured only – not available for children on OHP
- Applications are available in all area schools or call & they will fax or email one

PRESCRIPTION DRUGS

Oregon Prescription Drug Program (OPDP) www.oregon.gov/OHA/pharmacy/OPDP 800-913-4146

- Free enrollment for discount prescription card
- Average savings of 50% on prescriptions - Highest discount is on generics
- There is no paperwork required and no age or income limit

Directly From Drug Manufactures

- Check on prescription drug manufacture’s website for in house Patient Assistance Programs
- Clients can also ask if their doctor or health provider has information on these programs
- NeedyMeds (www.needymeds.org) is an online information resource of programs that provide assistance to people who are unable to afford their medications.

Saint Vincent DePaul Medical Assistance Program

- Scheduled on Mondays with counselor
- Takes about one hour
- To help obtain prescriptions from drug manufactures
- There are forms to fill out

Lion’s Club Vision Assistance Program

- Exams & glasses voucher for low income (18 yrs. +)
- Call to schedule interview (541-779-3653)

SUBSTANCE ABUSE & MENTAL HEALTH TREATMENT

Addictions Recovery Center 1003 W Main St, Medford OR 97501 541-779-1282

Jackson County Mental Health 1005 E Main St, Medford OR 97504 541-774-8200

OnTrack, Inc. 221 W Main St, Medford OR 97501 541-772-1777

S.O. Rehabilitation Center & Clinics/Dept. of Veterans Affairs
8495 Crater Lake Hwy, White City OR 97503 541-826-2111

TRANSPORTATION

ACCESS 3630 Aviation Way, Medford OR 97504 541-779-6691

- Bus passes available for transportation to work or to look for work
- One per person every 6 months
- M-F 9am - 12pm & 1:30pm - 4pm

AT RISK YOUTH

Hearts with a Mission 521 Edwards St, Medford OR 97501 541-646-7385

- Shelter

Homerun (at Community Works) 201 W Main St, Medford OR 97501 541-779-2393 ext. 221

- Transitional Living Program 541-779-2393 ext. 224
- Ages 16-21

- Homeless School Aged -21

CHILD CARE

Job Council www.jobcouncil.org

- Child Care Resource Network 541-776-1234 or email: CCRNReferral@jobcouncil.org
- Referrals to child care providers
- Provides training for providers on their list (541-842-2591)

Head Start 541-734-5150 www.socfc.org

- No Cost Program
- Selection criteria
 - Low income – Head Start provides guidelines
 - Needs - priority for special needs for example speech and language difficulties.
 - Unemployed – look at 1yr of tax returns to determine eligibility
 - Low income must be consistent, not temporary reduction of income.

Boys And Girls Clubs of the Rogue Valley www.bgcrv.com

309 W Main St, Talent OR 97540 541-292-4851 M-F 2:20pm - 6:30pm
203 SE 9th St, Grants Pass OR 97526 541-479-1923 M-F 2:15pm - 6:30pm
PO Box 2636, Cave Junction OR 97523 541-592-4771 M-F 2:00pm - 6:30pm
(Evergreen Elementary, 520 W River St, Cave Junction OR 97523)

- Youth 6 to 18 years
- \$40.00/per year per family
Summer Program Available: 10am – 6:30pm M-F, June to August (8 weeks), \$150 1st Child \$200 family.
Call Boys and Girls Club for further information.

Ashland YMCA 540 YMCA Way, Ashland OR 97520 541-482-9622 Website: www.ashlandymca.org

- Open to people of all incomes, ages, abilities, religions and ethnic backgrounds.
- Services and schedules – Contact Y or see website for details
 - Scholarships? – yes, partial
 - Need to complete form – present proof of income – committee reviews and decides amount to pay. School age children may get a higher reduction.

Rogue Valley YMCA 522 W 6th St, Medford OR 97501 772-6295 Website: www.rvymca.org

- Open to people of all incomes, ages, abilities, religions and ethnic backgrounds.
- Services and schedules – Contact Y or see website for details
- Scholarships – Financial assistance is available for membership and program areas to those who can demonstrate financial need. Call 772-6295 for appointment
- Some programs are offered during the summer months
- Check for program locations (some are offered “off site”)
- **After School Program** available after school till 6pm M-F and school in service days at the following schools: Lincoln, Griffin Creek, Jefferson, Lone Pine, Orchard Hill, Hoover, Kennedy, Jacksonville, Central Point, Jewett, Mae Richardson and Wilson. Call Y and After School Program and ask for details on cost and registration information. Day camp available for school breaks.

Family Night - The Rogue Valley YMCA offers an evening of free, fun family time every month on the 3rd Friday starting at 6pm. Activities include volleyball, basketball, racquetball, wallyball, billiards, foosball, art and video games. The climbing gym, swimming pool with slide and giant hot tub are also available. No membership required.

Kids Unlimited 821 N Riverside Ave, Medford OR 97501 541-774-3900 Hours M-F 8:30am - 5pm

- Membership: After school program serves low income children attending Washington, Jackson, Oak Grove, Roosevelt, Howard elementary and McLaughlin Middle School (at Main 1 for McLaughlin & Hedrick). Mon – Thu 2:30pm - 5:30pm. Also offers summer day camp for 8 weeks from June to August.
- After school program cost: sliding scale but starts at \$120 per family/month but tuition depends on family size and income. Parent can work off \$50 by volunteering five hours per month. Goal is to get parents involved with children. If necessary they will take payments. DHS covers after school program for those who qualify
- Summer Camp: from June to August costs \$600 for 8 weeks. Will make payment arrangements
- Scholarships: Camp Only – Parents qualify through DHS for child care assistance. If they qualify they will get child providers listing form to bring to Kid's Unlimited. If denied they bring letter of denial and income verification.
- There is a limited amount of scholarship money

HOUSING

Housing Authority of Jackson County 541-779-5785 <http://www.hajc.net>

- **Housing Choice Voucher Rental Assistance Program** (formally Section 8)
 - Qualifications: 50% of AMI.
 - Recipients pay a portion of the rent of approximately 30% of family's monthly adjusted income.
 - There is a several year waiting list for this program
- **Mod-Rehab Program**
 - Qualifications: 50% of AMI (Area Median Income)
 - Recipients pay approximately 30% of their monthly adjusted income.
 - Mod-Rehab consists of studio and 1-bedroom apartments located at the New Medford Hotel, the Grand Apartments, and the ARC Apartments, all located in downtown Medford
 - 1-3 year waiting list
- **Home Program**
 - Income guidelines: 80% or less of AMI.
 - Eligible families / individuals are offered the next available HOME unit that they are eligible for regardless of location
 - The Home units are located in Medford, Central Point, Eagle Point, and Talent
 - These units have a fixed rent, meaning the rent is not calculated based on an applicant's income, but are priced lower than a comparable market rate unit
 - There is quite a waiting list for this program
- **Agency Owned Apartments**
 - Income guidelines vary, from 50 to 80% of AMI
 - Applications are available on the website <http://www.hajc.net> or call 541-779-5785
- **Home Repair Program**
 - The Housing Authority of Jackson County administers this program for Jackson & Josephine counties and the City of Medford.
 - The cities of Ashland, Phoenix and Gold Hill have their own programs and residents in those areas should apply directly to their cities.
 - Income guidelines 80% of AMI (note: Josephine County has a slightly lower AMI)
 - HAJC is authorized to offer up to \$25,000 for Jackson County and \$15,000 for the City of Medford's program towards repairs such as replacing a failed heating system or leaking roof, updating electrical service components, dry rot, providing handicap accessibility, or any other repairs deemed reasonable and/or necessary by HAJC
 - The entire amount of the loan must be repaid when borrower sells, transfers, or refinances.
 - For more information, call a Housing Rehabilitation Specialist at 541-779-5785 ext.1009 or check the website www.hajc.net for an application.
- **Subsidized Housing**
 - Income guidelines vary; HAJC has a one page list on their website <http://www.hajc.net>
 - It is much like the list ACCESS provides (see below under "rental units") but is just one page
 - Interested parties need to contact the development offices to find guidelines and applications

ACCESS Inc. 541-779-6691 www.accesshelps.org

- Applications are required for programs.
- Programs are dependent on funding.
- There is NO waiting list once funds are depleted.
- Family gross income for programs is 50%-80% of AMI depending on the program.

Rental Units listed on website

- Most units are for people who have mental illness, blind, deaf or other disabilities AND
- 50% or less than AMI (Area Median Income)
- comprehensive “affordable housing” or income dependent list on their website

ACCESS has three rental assistance programs

- **Deposit Program** –
 - Will pay up to 100% of a person’s refundable deposit, 2 months rent or a combination that does not exceed \$1,200.
- **Eviction Prevention (short term assistance)** –
 - For people facing eviction (have 72 hour notice).
 - Considered emergency homelessness prevention
- **Rental Assistance Program** –
 - This is short term rental assistance from 3-12 months
 - Again, this is based on the AMI and, our understanding is that it’s 50% of AMI AND the tenant pays MORE than 50% of gross income going to rent

Saint Vincent DePaul 541-772-3828 www.stvincentdepaul.info

- Shelter
- For families and single women. No single men.
- Crisis housing for up to 30 days.
- No income requirements but the participants are required to go through their counseling services to receive this assistance.

Rental Assistance

- One time (every two years) assistance for people facing eviction
- There are no income restrictions
- Participants need to have a copy of their rental agreement along with their “72 hour notice” for possible assistance

Salvation Army 541-773-7005

- Shelter
- provides housing (short term and transitional) for individuals and families.
- provides housing in a group setting for people anywhere to short term to two years.
- for families and does not restrict participation by gender.
- They apply for the program directly at agency, and there are no income limits
- Must be clean and sober and must participate in duties (chores) at the facility
- Must find a job. The requirement was to be employed within three weeks, but this has been “stretched” somewhat due to the economy.
- Must be homeless per HUD.

Rogue Retreat 541-499-0880, fax# 541-690-1670 www.rogueretreat.org

Hours 10am - 5pm (M - F by appointment)

- There are two housing programs
- Both are income based
- Require application to be completed
- There is a waiting list
 - Restart Retreat
 - Properties are owned and managed by Rogue Retreat
 - Housing Retreat
 - Owned by the Housing Authority of Jackson County
 - Co-managed with Rogue Retreat
- Requirements are the same for both programs
 - The income eligibility & homeless requirements are different
 - Criminal history component is stricter at Housing Retreat because of the regulations governing the Section 8 Project Based Voucher program
 - Both programs work off the same waiting list
 - Rogue Retreat contacts applicants when their name reaches the top of the list
 - The list is maintained by the date and time application was received
 - Wait time to reach top of the list is an average of 1 year or more
- Apply
 - Complete form location on website
 - Get application at office and drop off / fax after completion
 - 529 N Riverside Ave, Medford OR 97501
 - Use lock box to leave completed applications

Individual Development Accounts (IDA Programs)

- Designed to help people learn money management skills.
- Assisting in saving for education, job training or homeownership.
- They match 3 to your 1 of savings
- Income based
- Housing Authority of Jackson County has a program for their clients
- DreamSavers program (more info at <http://nwumpqua.org/>)
 - Jackson County
 - ACCESS 541-774-4329 Homeownership, Education and Small business
 - Neighborworks Umpqua Roxanna Zepeda 541-601-7771 Home repair, Small business, Education IDAs and Assistive Technology
 - College Dreams – 541-476-8146 for Education IDAs for youth
 - Klamath County
 - South Central Economic Development District (SCOEDD) 541-884-5593 Education, Small Business and Home Repair IDAs
 - Klamath Lake Community Action Services 541-882-3500 Education and Homeownership IDAs
 - Jackson AND Klamath Counties
 - Southern Oregon Goodwill 541-882-3137 Small Business, Education, Home Repair & Assistive Technology IDAs

- Participants can only participate in one Dream\$avers program.
- 6-36 months programs

Foreclosure Referrals

- Making Home Affordable www.makinghomeaffordable.gov
- Federal foreclosure assistance programs
 - Online eligibility test
 - Search programs to find if loan is owned by Fannie Mae or Freddie Mac.
 - Online audio and video resources
- Oregon Foreclosure Process <http://foreclosurehelp.oregon.gov/>
- Overview of Oregon foreclosure process
 - Oregon foreclosure laws
- Foreclosure Prevention Counselors
- 1-800-Safenet
 - Hope Now Alliance <http://www.hopenow.com> 1-888-995-HOPE Multi-language resources
- Oregon Homeownership Stabilization Initiative - www.oregonhomeownerhelp.org
- Statewide foreclosure assistance programs
 - Check website for new programs
 - The programs are expected to change as they become available
 - Has “eligibility” test online for programs
 - Applications available online

Local Resources

- Jackson/Josephine Counties
- ACCESS - 541-779-6691 (leave message)
- Klamath County
- Klamath and Lake Community Action Services - 541-882-3500 www.klccas.org

VETERAN’S RESOURCES

- Columbia Care** 541-858-8170 www.columbiacare.org
- Support Services for local veterans and their families.
 - Provides counseling services and reduced-cost housing for veterans and their families.
 - The units are in Central Point
 - Veterans affairs Supportive Housing vouchers are accepted.
 - Veterans who need support services for their families.

- Fort Oregon Network** www.fortoregon.org
- Online access to comprehensive services
 - Available statewide in Oregon
 - For veterans, service members and their families
 - Our agency is listed for referral

Veterans Retraining Assistance Program (VRAP)

<http://www.vetsfirst.org/new-benefits-for-unemployed-vets-vow-to-hire-heroes-act/>

The information below is from the website.

- This program begins July 1, 2012
- For up to 12 months of retraining assistance to Veterans
- Limited to 45,000 participants from July 1, 2012 through September 30, 2012, and to 54,000 participants from October 1, 2012, through March 31, 2014
- The program must lead to an Associate Degree, Non-College Degree, or a Certification, and train the Veteran for a high demand occupation

To learn about program and qualification requirements, go to <http://www.gibill.va.gov/> & www.military.com

CRISIS INFORMATION AND REFFERALS

Community Works – Help Line 541-779-HELP (779-4357) or Toll Free 1-855-216-2111

- HelpLine workers are able to speak to callers of many languages other than English.
- HelpLine at 541-779-HELP (4357) is a free Jackson County crisis, information and referral hotline that helps people in need find local help and generate ideas for solving problems, 24 hours a day, 7 days a week.
- Confidential and Effective Crisis Services
- Provides resource information for local and national organizations
- Dunn House Shelter
- Dunn House Outreach
- Sexual Assault Victim Services (SAVS)
- Homeless and Runaway Teen Program

EMPLOYMENT AGENCIES

Government

State of Oregon Department of Human Services

- Can file claim online at www.worksourceoregon.org
- Employment Offices: www.workinginoregon.org
 - Medford Office 119 N Oakdale Ave 541-776-6060
 - White City Office 3131 Ave C 541-864-8700 (Tue/Thu)
- Veterans Assistance 541-774-8214
- Unemployment Insurance Claims 877-728-7970

Vocational Rehabilitation Offices

- Medford Office 28 W. 6th St, Ste A 541-776-6035
- White City Office 3131 Avenue C 541-864-8756
- Klamath Falls 801 Oak Ave 541-883-5614

Job Council of Southern Oregon www.jobcouncil.org

- Main office & Career Center 35 S Bartlett, Medford, OR 97504 541-776-5100
 - Register for services HERE
 - Mon – Fri (8am - 4:30pm)
 - After registering, you will be assigned a job coach to determine how the agency can help
 - Drop in
 - To use computers for resumes
 - For on-line job search
- Child Care Resource Network 541-842-2591 or email: CCRNReferral@jobcouncil.org

<u>City of Medford</u>	www.ci.medford.or.us	
• Personnel Office	411 W Main St, Room 312	541-774-2010
<u>City of Ashland</u>	www.ashland.or.us	
• Personnel Office	20 E Main St	541-552-2110
<u>Jackson County</u>	www.co.jackson.or.us	
• Human Resources	10 S Oakdale, Room 208	541-774-6036
<u>Medford Water Commission</u>	www.medfordwater.org	
• Human Resources	200 S Ivy St, Room 177	541-774-2437

Private Agencies

<u>A First Choice Staffing Service</u>	905 E Jackson, Medford OR 97504	541-776-7505
• Specialty- Medical and Clerical positions		
• Criminal background/drug test/work history required		
• www.afirstchoicestaffing.com		
<u>Confident Staffing</u>	1257 N Riverside, Medford OR 97501	541-488-1119
• Recruit for all positions		
• Criminal background/drug test dependent upon employer		
• www.confidentstaffing.com		
<u>Barrett Business Services, Inc.</u>	115 W Stewart Ave, Suite 102, Medford OR 97501	541-772-5469
• Recruit for all positions		
• Criminal background/drug test/work history required		
• www.barretbusiness.com		
<u>SOS Employment Group</u>	720 E Jackson, Medford OR 97504	541-772-9039
• Recruit for all positions except medical		
• Drug test required, other checks dependent upon employer		
• www.sosemploymentgroup.com		
<u>Express Employment Professionals</u>	810 OHare Pkwy Ste 103, Medford OR 97504	541-779-5522
• Recruit for all positions		
• Criminal background/drug test/work history required,		
• Credit checks for financial positions required		
• www.expresspros.com		
<u>Labor Ready</u>	830 Crater Lake Ave, Medford OR 97504	541-779-4565
• Applications accepted Tue / Thu (9am – 12:00pm)		
• Manual labor positions		
• www.laborready.com		
<u>Personnel Source</u>	150 Hawthorne St Ste A, Medford OR 97504	541-776-7466
• Recruit for all positions		
• Criminal background/drug test dependent upon employer		
• www.personnelsource.com		

Select Temp

2009 Aero Way Ste 105, Medford OR 97504

541-773-5733

- Recruit for all positions
- Criminal background/drug test dependent upon employer
- www.selec-temp.com

WEBSITESSearch on: **Employment Opportunities, Medford, OR**

A variety of websites, both public and private, are available for review

www.southernoregonhelpwanted.comwww.roguevalleyjobs.netwww.monster.comwww.careerbuilder.comwww.indeed.com**SMALL BUSINESS REFERRALS****Small Business Administration**: www.sba.gov

District Office – Portland, OR

Phone: 503-326-2682 (M-F 8am - 4:30pm)

601 SW 2nd

Fax: 503-326-2808

Portland OR 97204

- Check website for information about loans and grants
- Special loan programs for Veterans, Women, etc....

SCORE

c/o Medford Chamber of Commerce 101 E. 8th St, Medford, OR 97501. 541-608-8528

- Retired professionals that lend their experience to mentor business owners.
- Website: www.medford.scorechapter.org

Small Business Development Centers

Southern Oregon University – Small Business Development Center

101 S Bartlett St Rm. 130, Medford OR 97504 541-552-8300 (M-F 9am – 5pm)

Fax: 541-552-8101

- Business Start-Up Assistance
- Business Plan Development
- Market Planning
- Microenterprise Assistance
- Access to Statewide SBDC classes/workshops/seminars

Rogue Community College– Small Business Development Center

214 SW Fourth St, Grants Pass OR 97526 541-956-7494 (M-F 8am – 5pm)

- Provides free business counseling
- Resource library
- Business and computer training
- Business forums and roundtables

Foster Grandparent Program or Senior Companions (for income)www.seniorcorps.gov/about/programs/fg.asp

- For seniors 55 and older
- \$2.65 per hour non-taxable stipend plus mileage reimbursement at \$.30/mile
- Hot lunch when possible each day of service
- Minimum 15 hours/week & maximum 40/week.

Blood Plasma Donation (for income)

CLS (Formerly ZLB) Plasma Services 1221 S Riverside Ave, Medford OR 97504 541-776-9926

- Open Mon/Tue/Thu/Fri (7am-7pm)
- Open Wed (9am-7pm)
- Open Sat/Sun (7am-4pm)
 - Must be between ages of 18 and 65
 - Must weigh at least 110 lbs.
 - Must have proof of identity, including a Social Security Card
 - Must live within the marketing radius.
 - Must be free of any infectious diseases
 - Compensated for time immediately following each donation
 - No appointments, but may take more time if more people are donating

CLOTHING – FOR WOMEN IN NEED OF PROFESSIONAL CLOTHING

Woodrow House – 1131 Woodrow Ln, Medford OR 97504 541-608-0191

- Mon (1pm – 3pm)
- Tue (10am – 2pm)
- Thu (10am – 12pm)
- No appointment needed
- All types of clothing (including underwear & shoes)

My Sister's Closet 541-944-0900

- Call to make an appointment
- The goal is to help with “professional” outfits

LEGAL ISSUES

Legal Services of Jackson County 541-779-7291

- Request/fill out an application
- If accepted – sliding scale for payment

Lawyer Referral 800-452-7636

- Modest means program allows short consultation for a modest fee (\$35)
- General legal information at www.osbar.org/public

Area Median Income Levels for Jackson County as of 2014

Obtained from www.huduser.org website (1/23/2014)

Median Income	Income Limit Category	1 Person	2 Person	3 Person	4 Person	5 Person	6 Person	7 Person	8 Person
\$50,500	50% AMI Limits	\$18,531	\$21,156	\$23,813	\$26,250	\$28,563	\$30,688	\$32,813	\$34,906
	80% AMI Limits	\$29,650	\$33,850	\$38,100	\$42,300	\$45,700	\$49,100	\$52,500	\$55,850

